

SUNBEAMS

Perhaps the truth depends on a walk around the lake.
Wallace Stevens

There is nothing like walking to get the feel of a country. A fine landscape is like a piece of music; it must be taken at the right tempo. Even a bicycle goes too fast.
Paul Scott Mowrer

Everywhere is walking distance if you have the time.
Steven Wright

My grandmother started walking five miles a day when she was sixty. She's ninety-three today, and we don't know where the hell she is.
Ellen DeGeneres

In old age, wandering on a trail of beauty, lively may I walk. It is finished in beauty.
Navajo nightway chant

When you're traveling, you are what you are, right there and then. People don't have your past to hold against you. No yesterdays on the road.
William Least Heat Moon

. . . who drove cross-country seventy-two hours to find out if I had a vision or you / had a vision or he had a vision to find out Eternity.
Allen Ginsberg

Thanks to the interstate highway system, it is now possible to travel across the country from coast to coast without seeing anything.
Charles Kuralt

Often I feel I go to some distant region of the world to be reminded of who I really am. There is no mystery about why this should be so. Stripped of your ordinary surroundings, your friends, your daily routines, your refrigerator full of your food, your closet full of your clothes — with all this taken away, you are forced into direct experience. Such direct experience inevitably makes you aware of who it is that is having the experience. That's not always comfortable, but it is always invigorating.
Michael Crichton

We borrow the light of an observant and imaginative traveler and see the foreign land bright with his aura; and we think it is the country which shines.
H.M. Tomlinson

Traveling is a fool's paradise. . . . I pack my trunk, embrace my friends, embark on the sea and at last wake up in Naples, and there beside me is the stern fact, the sad self, unrelenting, identical, that I fled from.

Ralph Waldo Emerson

I soon realized that no journey carries one far unless, as it extends into the world around us, it goes an equal distance into the world within.

Lillian Smith

Each instant is a place we've never been.

Mark Strand

The whole object of travel is not to set foot on foreign land; it is at last to set foot on one's own country as a foreign land.
G.K. Chesterton

Wherever you go, the sky is the same color.

Persian saying

Photographer Yousuf Karsh and his wife were having lunch with astronaut Neil Armstrong after a photo session. Armstrong politely questioned the couple about the many different countries they had visited. "But, Mr. Armstrong," protested Mrs. Karsh, "you've walked on the moon. We want to hear about *your* travels."

"But that's the only place I've ever been," replied Armstrong apologetically.

The Little, Brown Book of Anecdotes

If a place is in your blood, you leave it at your peril. You will never be happy anywhere else.

Caroline Llewellyn

Life is short and we have never too much time for gladdening the hearts of those who are traveling the dark journey with us. Oh, be swift to love, make haste to be kind!

Henri Frédéric Amiel

May your trails be crooked, winding, lonesome, dangerous, leading to the most amazing view. May your mountains rise into and above the clouds.

Edward Abbey

Where are we really going? Always home!

Novalis

Sunbeams are welcome and may be sent to The Sun, 107 North Roberson Street, Chapel Hill, NC 27516. We're sorry, but we're unable to respond personally to your suggestions.